

Kendal Mountain Tour 2026: A Night of Adventure Films

Line-up of short films includes:

Swim Sistas

Director: Cat White

11 mins

Swim Sistas is a poetic, visually stunning love letter to water, sisterhood, and the enduring strength of Black women across generations.

Featuring the voice of Academy Award nominee Naomie Harris (*Moonlight*) as Mami Wata, part deity and part ancestral memory, the film flows across generations: from a young girl diving into joy, to Great Britain's first and only Black female Olympic swimmer breaking historic barriers, to a woman learning to swim at 54, defying a legacy of inherited fear.

It is a celebration of connection, resilience and hope, told through the lens of the rising tide of Black women reclaiming their place in the water, and in history.

Skate Like a Lass

Director: Juliet Klottrup

3 mins

Female established inclusive grassroots Skateboarding communities based in the North, UK. From mountains in Lake District to Blackpool promenade. These skate collectives were created to provide a safe space & welcoming environment for female & LGBT+ skaters in the area.

Lost Boys of Carbis Bay

29 mins

A daring band of unlikely explorers embarking on a quest to uncover the forgotten mines of Cornwall, only to unearth an unexpected journey of self-discovery. Transcending mere adrenaline urges, the group becomes a vital means of connection and understanding, underscoring the importance of community in our lives.

Best Adventure & Exploration Film Award Winner at Kendal Mountain Festival 2025.

Breaking Trails

12 mins

Two mountaineers, Tom and Maud, explore risk, motivation, and loss, confronting why we seek extremes and how experience reshapes our relationship with adventure.

Breaking Trails is a standout series that sees the GORE-TEX brand partner with pioneers from around the world who are breaking barriers and pushing for a more inclusive and respectful future in the outdoors.

Trango: Presented by The North Face

Director: Leo Hoorn

45 mins

After a two-year attempt, ski mountaineers Christina 'Lusti' Lustenberger and Jim Morrison, joined by Nick McNutt and Chantel Astorga, ski the first descent of the Great Trango Glacier. They navigate risk, grapple with grief, and face physical danger as they push the limits of human experience. At 6,000 meters, constant exposure tests their resolve, but it's the unspoken trust and support within their expedition team that allows them to face the unimaginable together.